

PHONE LIST

(We invite you to call any of us.)

The 3 C's:

1. We didn't cause it.
2. We can't control it.
3. We can't cure it

District Representative: Michelle O.
808-640-7177; dr.mo.easthawaii@gmail.com

District meetings: The District Rep will schedule District meetings as needed, including conference calls, having District meetings at various meeting locations.

ALL AL-ANON MEMBERS ARE WELCOME.

To make donations to District 9:

[payable to AFG East Hawai'i]
AFG East Hawai'i
P.O. Box 11059
Hilo, Hawaii 96721-6059

To make donations to Hawaii Area 12:

[payable to AFG Hawai'i WSC]
Treasurer, Hawaii Area
K. Baley
P.O. Box 745
Kailua, Hawai'i, 96734

To make donations to the World Service Office:

[Payable to AFG, Inc.]
AFG, Inc.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

Put your WSO# on all checks

For schedule changes:
danabanana330@me.com

2018, March/April



AL-ANON MEETING SCHEDULE

DISTRICT 9; East Hawai'i

The Al-Anon program is for anyone troubled by another person's drinking.

~ Al-Anon World Service Office ~
www.al-anon.org

~Hawai'i Area Al-Anon~
www.al-anonhawaii.org

Big Island meetings:
808-935-0971

Meetings in Honoka'a, Hilo,
Kea'au and Volcano

When anyone, anywhere, reaches out
For help, let the hand of Al-Anon and
Alateen always be there—and let it begin
with me.

~The Al-Anon Declaration~

TRAVELING or MOVING?
Call Al-Anon national information
1-800-344-2666,
Mon. - Fri. 2 AM - 12 PM HST

In the spirit of cooperation:
Local AA information: www.hawaii.aa.org
AA 24hour hotline: 808-961-6133

AFG = Al-Anon Family Group

****Meetings 1 hour unless otherwise noted****

Legend: If underlined, denotes a change in group name, place, time or housekeeping matters.

SUNDAY

Kea'au 10:30 a.m.

Serenity on Sunday AFG –O-

WSO# 39038

16-204 Melekahiwa Pl. #1, Kea'au 96749
(Shipman Park, HIV/AIDS Bldg. 2nd right)
345-4333 (text her, she will call back)
557-5016

Volcano 4:30pm

Courage to Change AFG -O-

WSO# 30649596

The Cooper Center [red door marked book shop/library]
19-4030 Wright Rd.
Volcano, Hi. 96785
985-9601; 347-512-4225

MONDAY **new meeting!**

Hilo 6-7:30 pm

Monday Night Fourth Step AFG –O-

WSO# 3061918

Holy Apostles Episcopal Church
1407 Kapiolani St. S. [between Lanikaula and Kawili, near UH]
Hilo, Hi. 96720
[Separate building from church, back of parking lot]
557-5284; 987-2766

TUESDAY & WEDNESDAY:

****NO MEETINGS
AT THIS TIME****

THURSDAY

Hilo 6:30 – 8 p.m.

Read, Write, Ka'analike AFG—O-

WSO# 30650476

Holy Apostles Episcopal Church; go in red office door
1407 Kapiolani St. S. [between Lanikaula and Kawili, near UH]
Hilo, Hi. 96720
936-6063; 430-6653

Honoka'a 7 p.m.

Steps to Serenity AFG-O-

WSO# 30650040

N. Hawai'i Education & Research Center [NHERC]
45-539 Plumeria St.
Honoka'a, Hi. 96727
[Right below hospital; top entrance.
Polycom room, straight ahead
as you come in.]
498-4446; 640-7177

FRIDAY **Watch this space. New meeting starting in March.**

Kea'au 4-pm

Not My Kuleana AFG –O-

Center for Spiritual Living

15-1833 Paradise Drive,
(31st and Paradise in HPP)
291-9146; 494-5533

not open yet tentative start date is 4/6/18

SATURDAY

Hilo 9 a.m.

Super Saturday AFG -O- WSO# 5015456

Holy Apostles Episcopal Church
1407 Kapiolani St. S. [between Lanikaula and Kawili, near UH]
Hilo, Hi. 96720
[Separate building from church, back of parking lot]
756-7561; 430-6653

****DO YOU NEED LITERATURE? ****

Contact MM to see what she has in stock. 808-769-2211 (text is preferred)

(Schedule revised 3-3-18)