

# PHONE LIST

(We invite you to call any of us.)

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The 3 C's:

1. We didn't cause it.
2. We can't control it.
3. We can't cure it

District Representative: Michelle O.  
808-640-7177; dr.mo.easthawaii@gmail.com

District meetings: The District Rep will schedule District meetings as needed, including conference calls.

District meetings will meet at various locations.

**ALL AL-ANON MEMBERS ARE WELCOME.**

### To make donations to District 9:

[payable to AFG East Hawai'i]  
AFG East Hawai'i  
P.O. Box 11059  
Hilo, Hawaii 96721-6059

### To make donations to Hawaii Area 12:

[payable to AFG Hawai'i WSC]  
Treasurer, Hawaii Area  
K. Baley  
P.O. Box 745  
Kailua, Hawai'i, 96734

### To make donations to the World Service Office:

[Payable to AFG, Inc.]  
AFG, Inc.  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

**\*Put your WSO# on all checks\***

**For schedule changes:**  
[danabanana330@me.com](mailto:danabanana330@me.com)

# 2018, April/May



## AL-ANON MEETING SCHEDULE

DISTRICT 9; East Hawai'i

The Al-Anon program is for anyone troubled by another person's drinking.

~ Al-Anon World Service Office ~  
[www.al-anon.org](http://www.al-anon.org)

~Hawai'i Area Al-Anon~  
[www.al-anonhawaii.org](http://www.al-anonhawaii.org)

Big Island meetings:  
808-935-0971

Meetings in Honoka'a, Hilo,  
Kea'au and Volcano

When anyone, anywhere, reaches out  
For help, let the hand of Al-Anon and  
Alateen always be there—and let it begin  
with me.

~The Al-Anon Declaration~

TRAVELING or MOVING?  
Call Al-Anon national information  
1-800-344-2666,  
Mon. - Fri. 2 AM - 12 PM HST

In the spirit of cooperation:  
Local AA information: [www.hawaii.aa.org](http://www.hawaii.aa.org)  
AA 24hour hotline: 808-961-6133

AFG = Al-Anon Family Group

**\*\*Meetings 1 hour unless otherwise noted\*\***

Legend: If underlined, denotes a change in group name, place, time or housekeeping matters.

## SUNDAY

Kea'au 10:30 a.m.

### **Serenity on Sunday AFG –O-**

WSO# 39038

16-204 Melekahiwa Pl. #1, Kea'au 96749

(Shipman Park, HIV/AIDS Bldg. 2<sup>nd</sup> right)

Teresa, 345-4333 (text her, she will call back)

557-5016

Volcano 4:30pm

### **Courage to Change AFG -O-**

WSO# 30649596

The Cooper Center [red door marked book shop/library]

19-4030 Wright Rd.

Volcano, Hi. 96785

985-9601; 347-512-4225

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## MONDAY

Hilo 6-7:30 pm

### **Monday Night Fourth Step AFG –O-**

WSO# 3061918

Holy Apostles Episcopal Church

1407 Kapiolani St. S. [between Lanikaula and Kawili, near UH]

Hilo, Hi. 96720

[Separate building from church, back of parking lot]

557-5284; 987-2766

## TUESDAY & WEDNESDAY:

**\*\*NO MEETINGS**

**AT THIS TIME\*\***

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## THURSDAY

Hilo 6:30 – 8 p.m.

### **Read, Write, Ka'analike AFG—O-**

WSO# 30650476

Holy Apostles Episcopal Church; go in red office door

1407 Kapiolani St. S. [between Lanikaula and Kawili, near UH]

Hilo, Hi. 96720

936-6063; 430-6653

Honoka'a 7 p.m.

### **Steps to Serenity AFG-O-**

WSO# 30650040

N. Hawai'i Education & Research Center [NHERC]

45-539 Plumeria St.

Honoka'a, Hi. 96727

[Right below hospital; top entrance.

Polycom room, straight ahead

as you come in.]

498-4446; 640-7177

## FRIDAY **\*\*New meeting starting May 4.\*\***

Kea'au 4-pm

### **Not My Kuleana AFG –O-**

Center for Spiritual Living

15-1833 Paradise Drive,

(31<sup>st</sup> and Paradise in HPP)

291-9146

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## SATURDAY

Hilo 9 a.m.

### **Super Saturday AFG -O- WSO# 5015456**

Holy Apostles Episcopal Church

1407 Kapiolani St. S. [between Lanikaula and Kawili, near UH]

Hilo, Hi. 96720

[Separate building from church, back of parking lot]

756-7561; 430-6653

**\*\*DO YOU NEED LITERATURE? \*\***

Contact Maureen M. to see what she has in stock. 808-769-2211 (text is preferred)

(Schedule revised 3-22-18)