

God grant me the Serenity to accept  
the things I cannot change  
Courage to change the things I can  
and Wisdom to know the difference.

When anyone, anywhere reaches out for  
help, let the hand of Al Anon and  
Alateen always be there. And let it begin  
with me!  
Al Anon Declaration

Though we may never be perfect,  
continued spiritual progress will  
reveal to us our enormous potential.  
We will discover that we are both  
worthy of love and loving. We will  
love others without losing ourselves,  
and will learn to accept love in  
return. Our sight once clouded and  
confused, will clear and we will be  
able to perceive reality and recognize  
truth. Courage and fellowship will  
replace fear.

From Survival to Recovery, Page 269

#### To make donations to District:

AFG West Hawaii District  
P.O. Box 57  
Kailua-Kona, HI 96745

#### To make donation to Hawaii Area

(payable to: AFG Hawaii WSC)  
Kelsey Baley  
P.O. Box 745  
Kailua, HI 96734

#### To make donations to the World Service Office (payable to AFG Inc.)

Al-Anon Family Group Headquarters  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617

\*\*{Put your GROUP# on all checks}\*\*

### Meeting(s) in Ocean View

#### Women Seeking Serenity AIFG Ocean View

DAY: Thursdays  
TIME: 5:00 to 6:00 PM  
PLACE: St. Jude's Episcopal Church  
92-8606 Paradise Mauka Circle  
CONTACT: 935-0971 (for contact info)

### Meetings in Waimea

#### Al-Anon for Those Who Love Alcoholics

DAY: Mondays  
TIME: 5:00 to 6:00 PM  
PLACE: St. James Episcopal Church  
Spencer House  
65-1237 Kawaihae Road  
CONTACT: 935-0971 (for contact info)

#### Kamuela Al-Anon Family Group

DAY: Thursdays  
TIME: 7:00 to 8:00 PM  
PLACE: St. James Episcopal Church  
Spencer House  
65-1237 Kawaihae Road  
CONTACT: 935-0971 (for contact info)

### Meetings in Kohala

#### Puako Al-Anon Family Group Book Study

DAY: Tuesdays  
TIME: 5:30 to 6:30 PM  
PLACE: 2 Papayas (next to Puako General  
Store), 69-1649 Puako Beach Drive, Puako  
CONTACT: 935-0971 (for contact info)

#### North Kohala AFG

DAY: Mondays  
TIME: 7:00 to 8:00 PM  
PLACE: Seventh Day Adventist Church  
Kohala Mission dining hall  
55-3361 Akoni Pule Hwy.(Hawi 96719)  
CONTACT: 935-0971 (for contact info)

### Meetings in Kailua-Kona

#### Sunday Solution at the beach

DAY: Sunday  
TIME: 4:00 to 5:00 p.m.  
PLACE: Old Airport table @ walking path  
75-5560 Kuakini Hwy.  
CONTACT: 935-0971 (for contact info)

#### Kailua-Kona AFG

DAY: Tuesday  
TIME: 12:30 to 1:45 PM  
PLACE: Lutheran Church of the Holy  
Trinity, 77-165 Lako St.  
CONTACT: 935-0971 (for contact info)

#### Tuesday Night Book Study

DAY: Tuesdays  
TIME: First Tuesday of each  
month: 7:30 to 8:30 PM  
All other Tuesdays of the month:  
7:00 to 8:00 PM  
PLACE: Kona Community  
Hospital  
(Conference Room #3)  
79-1019 Haukapila St.  
CONTACT: 935-0971 (for contact info)

#### As We Understood AFG

DAY: Wednesdays  
TIME: 6:00 to 7:00 PM  
PLACE: Mystic Bee Sanctuary  
75-127 Lunapule Rd, Suite 16 on  
3<sup>rd</sup> floor.  
CONTACT: 935-0971 (for contact info)

### Meeting in Kailua-Kona (continued)

#### Joy AFG Speaker meeting

DAY: Thursday  
TIME: 12:30 to 1:45 PM  
PLACE: Lutheran Church of the Holy  
Trinity, 77-165 Lako St.  
CONTACT: 935-0971 (for contact info)

#### Kona Recovery Group

DAY: Thursdays  
TIME: 7:00 to 8:00 PM  
PLACE: Junior Music Academy  
74-5605 Alapa Street, Suite 105  
CONTACT: 935-0971 (for contact info)

#### Friday Night Beginner's Meeting

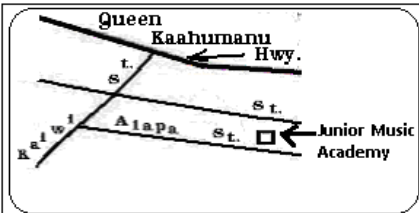
DAY: Fridays  
TIME: 7:00 to 8:00 PM  
Junior Music Academy  
74-5605 Alapa Street, Suite 105  
CONTACT: 935-0971 (for contact info)

#### Aloha Friday AFG

DAY: Fridays  
TIME: 7:00 to 8:00 PM  
PLACE: Lutheran Church of the Holy  
Trinity, 77-165 Lako St.  
CONTACT: 935-0971 (for contact info)

### DISTRICT SPEAKER MEETING

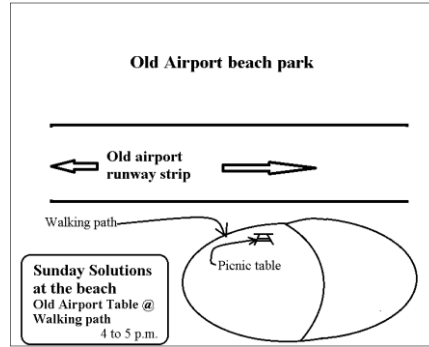
Day: The 3rd Saturday of each month  
Place: Junior Music Academy 6:00 p.m.  
74-5605 Alapa St., Suite 105



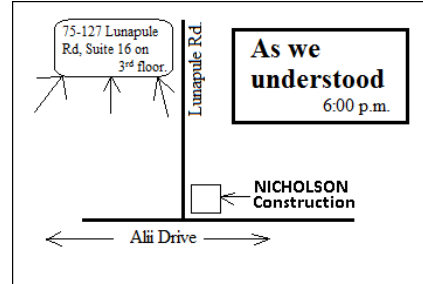
**Kona Recovery Group**  
Thursdays 7:00 p.m.

**District Speaker meeting**  
3rd Saturday of each month 6:00 p.m.

**Friday Night Beginners**  
Fridays 7:00 p.m.



**Sunday Solutions at the beach**  
Old Airport Table @ Walking path  
4 to 5 p.m.



**As we understood**  
6:00 p.m.

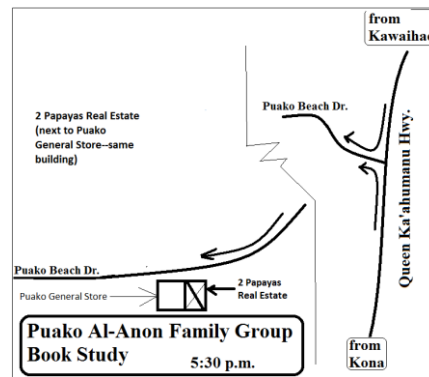
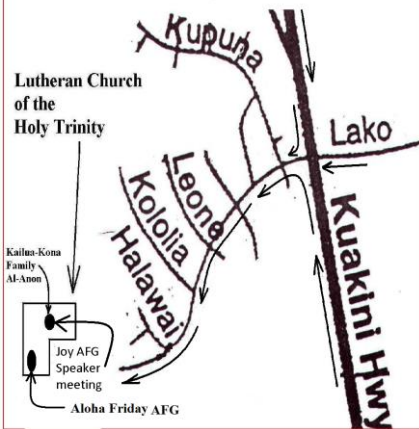
**NICHOLSON Construction**

# West Hawaii Al-Anon Family Groups Meeting Schedule

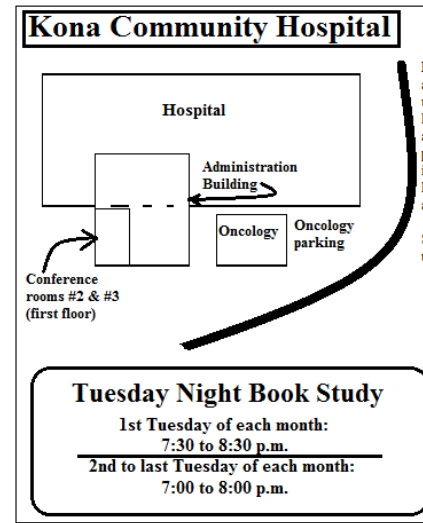
(March 14, 2019)



<b>Kailua-Kona AFG</b>	<b>Aloha Friday AFG</b>
Joy AFG 12:30 p.m. Speaker meeting	7:00 p.m.



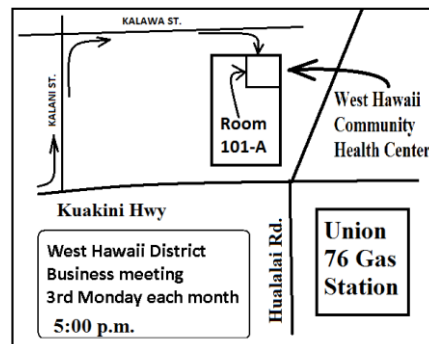
**Puako Al-Anon Family Group Book Study**  
5:30 p.m.



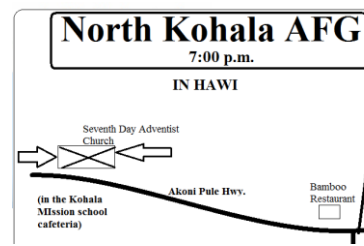
## Kona Community Hospital

### Tuesday Night Book Study

1st Tuesday of each month:  
7:30 to 8:30 p.m.  
2nd to last Tuesday of each month:  
7:00 to 8:00 p.m.

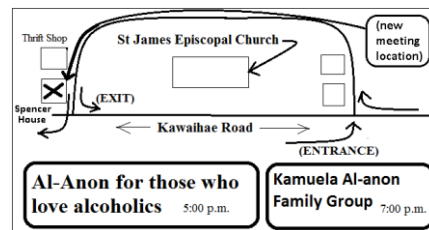


**West Hawaii District Business meeting**  
3rd Monday each month  
5:00 p.m.



## North Kohala AFG

7:00 p.m.  
IN HAWAII



**Al-Anon for those who love alcoholics** 5:00 p.m.  
**Kamuela Al-anon Family Group** 7:00 p.m.

**Helpful Contact Information**  
Hawaii Area Al Anon Website  
al-anonhawaii.org

24 Hour Meeting Schedules  
Big Island 935-0971  
Oahu 593-3977  
Maui 242-0296  
Kauai 246-1116  
Al Anon World Service Office  
www.al-anon.alateen.org  
or email: wso@al-anon.org  
West Hawaii District 7 Business Meetings are held the 2nd Monday of each month at 5:00 PM at West Hawaii Community Health Center 75-5751 Kuakini Highway #101-A, Kailua-Kona (see "West Hawaii District Business meeting" map).