

God grant me the Serenity to accept
the things I cannot change
Courage to change the things I can
and Wisdom to know the difference.

When anyone, anywhere reaches out for
help, let the hand of Al Anon and
Alateen always be there. And let it begin
with me!
Al Anon Declaration

Though we may never be perfect,
continued spiritual progress will
reveal to us our enormous potential.
We will discover that we are both
worthy of love and loving. We will
love others without losing ourselves,
and will learn to accept love in
return. Our sight once clouded and
confused, will clear and we will be
able to perceive reality and recognize
truth. Courage and fellowship will
replace fear.

From Survival to Recovery, Page 269

To make donations to District:

AFG West Hawaii District
P.O. Box 57
Kailua-Kona, HI 96745

To make donation to Hawaii Area

(payable to: AFG Hawaii WSC)
Kelsey Baley
P.O. Box 745
Kailua, HI 96734

To make donations to the World Service Office (payable to AFG Inc.)

Al-Anon Family Group Headquarters
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617

{Put your GROUP# on all checks}

Meeting(s) in Ocean View

Women Seeking Serenity AIFG Ocean View

DAY: Thursdays
TIME: 5:00 to 6:00 PM
PLACE: St. Jude's Episcopal Church
92-8606 Paradise Mauka Circle
CONTACT: 935-0971 (for contact info)

Meetings in Waimea

Al-Anon for Those Who Love Alcoholics

DAY: Mondays
TIME: 5:00 to 6:00 PM
PLACE: St. James Episcopal Church
Spencer House
65-1237 Kawaihae Road
CONTACT: 935-0971 (for contact info)

Kamuela Al-Anon Family Group

DAY: Thursdays
TIME: 5:30 to 6:30 PM
PLACE: St. James Episcopal Church
Spencer House
65-1237 Kawaihae Road
CONTACT: 935-0971 (for contact info)

Meetings in Kohala

Puako Al-Anon Family Group Book Study

DAY: Tuesdays
TIME: 5:30 to 6:30 PM
PLACE: 2 Papayas (next to Puako General
Store), 69-1649 Puako Beach Drive, Puako
CONTACT: 935-0971 (for contact info)

North Kohala AFG

DAY: Mondays
TIME: 7:00 to 8:00 PM
PLACE: Seventh Day Adventist Church
Kohala Mission dining hall
55-3361 Akoni Pule Hwy. (Hawi 96719)
CONTACT: 935-0971 (for contact info)

Meetings in Kailua-Kona

Sunday Solution at the beach

DAY: Sunday
TIME: 4:00 to 5:00 p.m.
PLACE: Old Airport table @ walking path
75-5560 Kuakini Hwy.
CONTACT: 935-0971 (for contact info)

Kailua-Kona AFG

DAY: Tuesday
TIME: 12:30 to 1:45 PM
PLACE: Lutheran Church of the Holy
Trinity, 77-165 Lako St.
CONTACT: 935-0971 (for contact info)

Tuesday Night Book Study

DAY: Tuesdays
TIME: First Tuesday of each
month: 7:30 to 8:30 PM
All other Tuesdays of the month:
7:00 to 8:00 PM
PLACE: Kona Community
Hospital
(Conference Room #3)
79-1019 Haukapila St.
CONTACT: 935-0971 (for contact info)

As We Understood AFG

DAY: Wednesdays
TIME: 6:00 to 7:00 PM
PLACE: Mystic Bee Sanctuary
75-127 Lunapule Rd, Suite 16 on
3rd floor.
CONTACT: 935-0971 (for contact info)

Meeting in Kailua-Kona (continued)

Joy AFG Speaker meeting

DAY: Thursday
TIME: 12:30 to 1:45 PM
PLACE: Lutheran Church of the Holy
Trinity, 77-165 Lako St.
CONTACT: 935-0971 (for contact info)

Kona Recovery Group

DAY: Thursdays
TIME: 7:00 to 8:00 PM
PLACE: Junior Music Academy
74-5605 Alapa Street, Suite 105
CONTACT: 935-0971 (for contact info)

Friday Night Beginner's Meeting

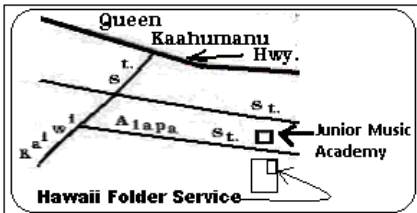
DAY: Fridays
DATE: May 3 and 31, 2019
PLACE: Junior Music Academy
74-5605 Alapa Street, Suite 105
DATE: May 10, 17, and 24, 2019
PLACE: Hawaii Folder Service
74-5602 Alapa Street Bay #A
TIME: 7:00 to 8:00 PM
CONTACT: 935-0971 (for contact info)

Aloha Friday AFG

DAY: Fridays
TIME: 7:00 to 8:00 PM
PLACE: Lutheran Church of the Holy
Trinity, 77-165 Lako St.
CONTACT: 935-0971 (for contact info)

DISTRICT SPEAKER MEETING

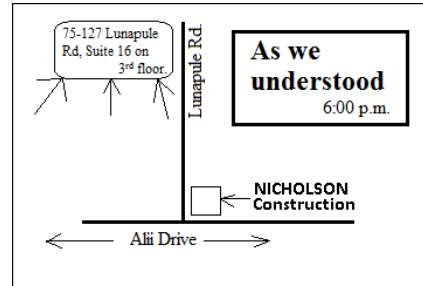
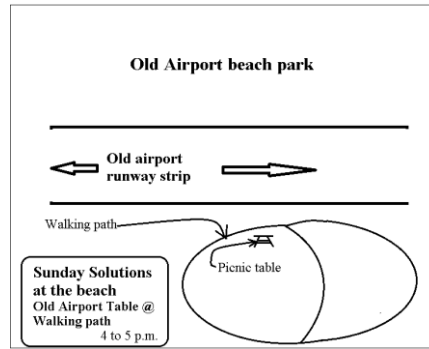
Day: The 3rd Saturday of each month
Place: Junior Music Academy 6:00 p.m.
74-5605 Alapa St., Suite 105



Kona Recovery Group
Thursdays 7:00 p.m.

District Speaker meeting
3rd Saturday of each month 6:00 p.m.

Friday Night Beginners
Fridays 7:00 p.m.

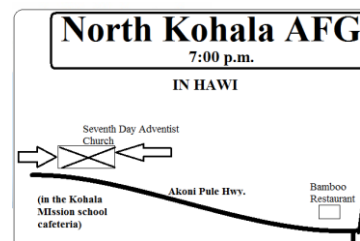
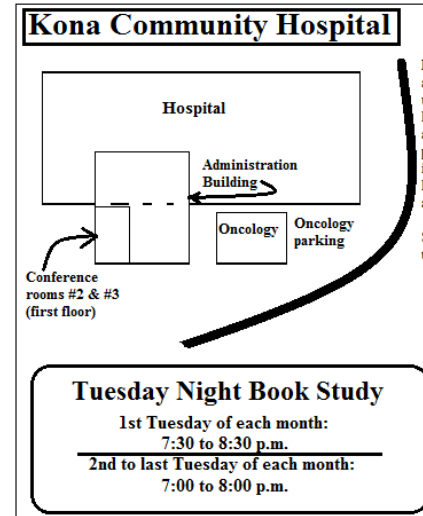
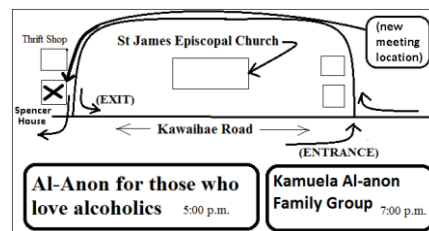
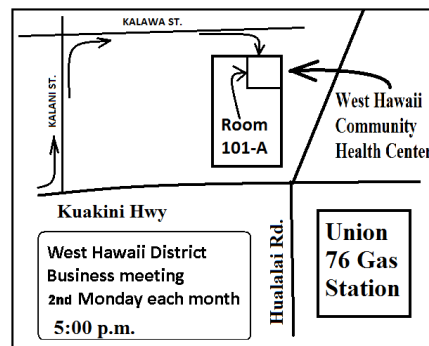
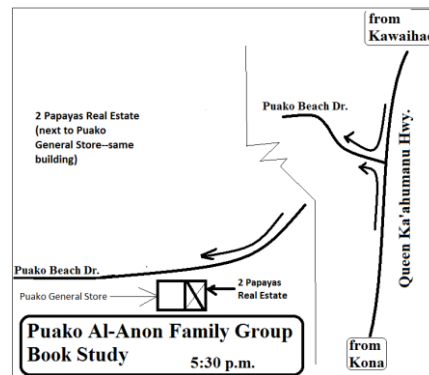
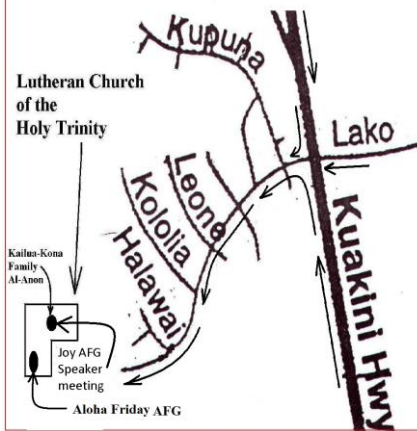


West Hawaii Al-Anon Family Groups Meeting Schedule

(May 1 2019)



Kailua-Kona AFG
Joy AFG 12:30 p.m.
Speaker meeting
Aloha Friday AFG
7:00 p.m.



Helpful Contact Information
Hawaii Area Al Anon Website
al-anonhawaii.org

24 Hour Meeting Schedules
Big Island 935-0971
Oahu 593-3977
Maui 242-0296
Kauai 246-1116

Al Anon World Service Office
www.al-anon.alateen.org
or email: wso@al-anon.org
West Hawaii District 7 Business Meetings are held the 2nd Monday of each month at 5:00 PM at West Hawaii Community Health Center 75-5751 Kuakini Highway #101-A, Kailua-Kona (see "West Hawaii District Business meeting" map).